



Inner Strength

TAEKWONDO ACADEMY

6th Annual Atlantic Canada TaeKwonDo Games

Dear Masters, Instructors, Fellow Athletes, Parents and Friends:

It is *Inner Strength Tae Kwon Do's* great honor to welcome you to participate in the 6th Annual Atlantic Canada Tae Kwon Do Games. **Saturday March 3rd, 2012** Gordon R. Snow Community Centre, 1359 Fall River Road, Fall River, Nova Scotia, Canada B2T 1E5.

THIS IS A SANCTIONED EVENT BY THE NOVA SCOTIA TKD ASSOCIATION.

This year we are using **Daedo Electronic System** all Senior Black Belts and Junior A to C. For your convenience we are also having an online registration. To register visit our website innerstrengthtkd.com.

IMPORTANT NOTICE: All Senior Black Belts and Junior A, B, and C must **PRE ORDER** their Daedo electronic footwear to compete. Unless you already own a pair. Allow minimum of 10 days. Please pre-order your socks directly to MDSS Daedo Canada by calling **1-888-618-6377** or purchase at the day of the event. The price is \$65 per pair. Junior D Black Belt's and Colored Belt points will be based on electronic trigger and will not require Daedo Electronic Socks. Pre-registration for competitors will be \$50 for both sparring and patterns. There is a special price of \$35 for competitors competing in patterns only. To pre-register, please submit forms with a certified cheque or money order (no personalized cheques) to the address below or to our online registration through our website, innerstrengthtkd.com by February 24, 2011. Registration on the day of the tournament will be \$60 for both sparring and patterns, or \$45 for patterns only.

To ensure another great experience for all competitors, we have made the decision to cap the event to 300 competitors. Pre-registration is available and is encouraged to eliminate long registration lines, therefore, beginning the Games in a timely manner. Please take advantage of this opportunity.

Win or lose, we trust that this will be a great opportunity to not only progress forward in the individual development of Tae Kwon Do but also renew and create new friendships.

If you have any questions, please do not hesitate to contact us at:

Inner Strength Tae Kwon Do Academy
(902)209-0836
www.innerstrengthtkd.com
innerstrengthtkd@eastlink.ca

Sincerely,

Master Helbert Porter
Tournament Host
4688 Highway 2
Wellington, Nova Scotia
B2T 1B7 Canada



Inner Strength

TAEKWONDO ACADEMY

Welcome Grand Masters, Masters, Instructors, and Friends To Our

6th Annual
Atlantic Canada TaekwonDo Games

Tournament Schedule

08:00 – 09:30 am	Registration
09:00 – 09:30 am	Coaches and Referee Meeting with Daedo Rep and Head Referee
09:30 – 10:00 am	Sorting all Junior D and Recreation Black Belt, Junior and Senior Color Belts Competitors
10:00 -----	Junior D Black Belt, Junior and Senior Color Belts Poomse (Forms) and Kyorugi (Sparring), Junior and Senior Black Belt Poomse (Forms) Competition commence.
11:00 – 12:00 pm	Senior and Junior Black Belt Weigh In
11:00 – 11:30 pm	Senior Color Belts Sorting
12:00 -----	Senior Color Belts Kyorugi (Sparring)
01:30 -----	Junior and Senior Black Belt Kyorugi

(Please note that this is only a tentative schedule throughout the day)

Proud Sponsors



Inner Strength

TAEKWONDO ACADEMY

6th Annual

Atlantic Canada TaeKwonDo Games

Information Sheet

Host: Master Helbert Porter

Place: Gordon R Snow Community Centre
1359 Fall River Road
Fall River, Nova Scotia, Canada
B2T 1E5

Date: March 3, 2012

Schedule: 8:00 – 9:30am Registration
9:00 – 9:30am Coaches and Referee Meeting with Daedo Rep and Head Referee
10:00 am **SHARP** Games Begin

Competitor Fee: **Pre-Registration** (Received by February 24, 2012) Online registration available
\$50.00 for both sparring and patterns or sparring only
\$35.00 for patterns only
Day of Games Registration
\$60.00 for both sparring and patterns or sparring only
\$45.00 for patterns only

Spectator Fee: Adults - \$5.00
Children 6 and under - FREE

Mandatory Equipment: **Daedo Electronic Footwear (Black Belts Senior, Junior A, B & C Only)**
Uniform, belt, head protector, mouth guard, groin protector, forearm guards, shin guards (WTF certified)

Daedo will provide chest protector (Black Belts Senior, Junior A, B & C)

Host Hotel: Hampton Inn & Suites includes hot breakfast
65 Cromarty Drive, Dartmouth, Nova Scotia
Canada, B3B 0G2

(902) 406-7700 or 1-877-406-7701

Modern, Clean, and Brand New Hotel

<http://hamptoninn.hilton.com/en/hp/groups/personalized/YHZDTHX-TAE-20100305/index.jhtml>

Special rate under TKD (\$119)

Must call by Friday, February 11, 2011

General Inquiries: INNER STRENGTH TAE KWON DO ACADEMY

Please send pre registrations to: Master Helbert Porter

4688 Highway #2

Wellington, NS B2T 1B7

Tel: (902) 209-0836

www.innerstrengthtkd.com

innerstrengthtkd@eastlink.ca



Inner Strength

TAEKWONDO ACADEMY

6th Annual Atlantic Canada TaeKwonDo Games **Registration Form**

Saturday, March 3, 2012
Gordon R. Snow Community Centre
1359 Fall River Road, Fall River, Nova Scotia, B2T 1E5
Hosted by: Master Helbert Porter, Inner Strength Tae Kwon Do Academy
(902) 209-0836
www.innerstrengthtkd.com
innerstrengthtkd@eastlink.ca

Name: _____

Street City Province Postal Code

E-Mail: _____ Age: _____ Sex: _____

Belt Rank: _____

School Name: _____ Phone: _____

School Address: _____

Street City Province Postal Code

School Master Instructor: _____

Fee:	Pre-Registration (money order or certified check)	Day of Games Registration (Cash)
_____	Sparring only (\$50)	_____ Sparring only (\$60)
_____	Forms only (\$35)	_____ Forms only (\$45)
_____	Sparring and Forms (\$50)	_____ Sparring and Forms (\$60)

Pre - Registration Deadline: February 24, 2012 – Please mail to: Master Helbert Porter
4688 Highway #2, Wellington, NS, B2T 1B7 or Online @ innerstrengthtkd.com

Liability Waiver: I, the undersigned, submit this application and the monetary entry fee as consideration for my right to participate in the 2012 Atlantic Canada Tae Kwon Do Games to be held on March 3, 2012. I understand and accept that physical injury and related damages are an inherent and necessary risk of the participation in the sport of Tae kwon do. I expressly assume all such risks. I accept full responsibility for the cost of medical and or other treatment for any injury or damages which I may sustain. I release, hold harmless, and waive all claims against the promoters operators and sponsors, individually or collectively, or any and all injury of damage I may sustain while attending or participating in these Games, including any claim for negligent supervision, instruction and/or maintenance of the facilities. I further agree that if any pictures or video taken of or by me in connection with said tournament can be used by the Tournament Director for publicity or promotion without compensation at this or any other time. **IF UNDER 18 YEARS OF AGE, THIS RELEASE AND CONSENT FORM MUST BE SIGNED BY A PARENT OR GUARDIAN.**

Signature: _____

Date: _____

Signature: _____

Date: _____

Signature of Parent/Guardian if under 18 years of age.

6th Annual Atlantic Canada Taekwondo Games 2012 Halifax



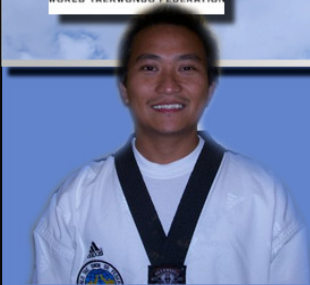
TaeKwondo
One Family !
One Vision !

DATE:
Saturday
March 3rd 2012
at 9:00A.M.

PLACE:
Gordon R. Snow
Community Centre
1359 Fall River Rd
Fall River
Nova Scotia
B2T 1E5


WORLD TAEKWONDO FEDERATION

www.innerstrengthtkd.com



Hosted By
MASTER PORTER

Sanctioned by
NOVA SCOTIA TAEKWONDO ASSOCIATION

Recognised by
THE WORLD TAEKWONDO FEDERATION

Email: Innerstrengthtkd@eastlink.ca Tel: 902 209 0836